



# BBC WORLD SERVICE LEARNING ENGLISH

Culture: Dangerous Biscuits  
文化：危险的饼干

## Dangerous Biscuits 危险的饼干

### Killer Biscuits Warning in the UK 英国警告公众饼干的杀伤力

Read the text below and do the activity that follows.

阅读下面的短文，然后完成练习：

When we are warned about the dangers of food, it usually relates to **food allergies** or **food poisoning**. The image of killer biscuits has never quite come in to people's minds.

Millions of people reach for a 'biccyy' whenever they pour a cup of tea and it seems that this simple action is an activity packed with hidden danger. Almost half of all Britons have been injured while eating a **crunchy** biscuit with their tea or coffee, according to figures released by a new survey.

The research conducted by Mindlab International shows a **staggering** 500 people each year need hospital treatment after a **biscuit-related injury**. And it's estimated that millions of Brits have become **cookie casualties** at some point.

It also found that almost a third of adults said they had been splashed or scalded by hot drinks while **dunking** or trying to fish out the remnants of a **collapsed digestive**.

It also revealed that 28 percent had **choked** on crumbs, while one in ten had broken a tooth or **filling** biting a biscuit.

More unusually, three percent had **poked** themselves in the eye with a biscuit and seven percent bitten by a pet or other wild animal trying to get their biscuit. One man even ended up stuck in wet concrete after **wading in** to pick up a stray biscuit.

Mindlab International director David Lewis said: "We tested the physical properties of 15 most popular types of biscuits, along with aspects of their consumption such as 'dunkability' and crumb **dispersal**."

And the title of the most dangerous biscuit belongs to the humble custard cream. It **poses the most risk** to innocent dunkers with a Biscuit Injury Threat Evaluation, or B.I.T.E rating of 5.63. This compares to just 1.16 for soft and safe Jaffa Cakes.

Mike Driver, Marketing Director for biscuit makers Rocky, who commissioned the study, said: "Working with biscuits every day, we'd long suspected they're not as innocent as they look, and we were right."

## Glossary 词汇表

<b>food allergies</b> 食品过敏	<b>food poisoning</b> 食物中毒
<b>biccy</b> (俚语) 饼干, 源于 <b>biscuit</b> .	<b>crunchy</b> (形容食物) 脆脆的
<b>staggering</b> 令人吃惊的, 难以置信的	<b>biscuit-related injury</b> 由饼干引起的伤病
<b>cookie casualties</b> 曲奇饼伤员们	<b>splashed</b> 被水溅到
<b>scalded</b> 被开水烫了	<b>dunking</b> 泡, 浸
<b>fish out</b> 吊出来, 钩起来	<b>remnants</b> 剩余的部分
<b>collapsed digestive</b> 已经瓦解, 散开了的饼干( <b>digestive</b> 是一种饼干, 在这里不是消化的意思)。	<b>choked</b> 呛着了, 哽着了
<b>crumbs</b> 饼干渣	<b>filling</b> 补牙用的填充物
<b>poked</b> 戳, 捅	<b>wading in</b> (形容在泥浆里或者沼泽地) 费力的行走
<b>dispersal</b> 散布, 传播	<b>poses the most risk</b> 最有危险

### 1. Reading Quiz 阅读测验

Are these sentences true or false? Circle the correct answer.

以下句子哪句是真?哪句是假? 请圈出正确答案。

1. Biscuits are not dangerous at all, according to the article. True / False
2. People rarely put their biscuits in their tea or coffee. True / False
3. Scalding by hot drinks is one of the most common biscuit-related injuries. True / False
4. Custard cream and Jaffa cakes are different types of biscuits. True / False
5. One in twenty people have broken a tooth or filling biting a biscuit. True / False

## 2. Food Adjectives 食物的形容词

Look at the pictures and see if you can find the right adjectives to describe the taste or texture of the food.

你知道我们可以用什么样的词汇来形容图片中的食品的味道或者是口感吗？



1. 甜 \_\_\_\_\_



2. 酸 \_\_\_\_\_



3. 脆 \_\_\_\_\_



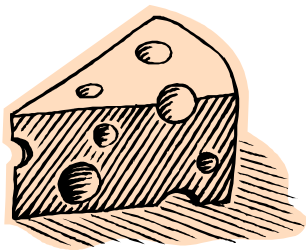
4. 苦 \_\_\_\_\_



5. 辣 \_\_\_\_\_



6. 耐嚼的 \_\_\_\_\_



7. 味道浓 \_\_\_\_\_



8. 冷 \_\_\_\_\_



9. 滑 \_\_\_\_\_

crunchy    sour    chewy    bitter    spicy  
sweet    rich    cold    slippery

### 3. Other Snacks 其它零食

Can you connect the snack names on the left to their correct explanations on the right?

把左栏中的零食名称和右栏中的相应解释连线。

cake	An individual, cup-shaped, quick bread made with flour which can have different toppings.
muffin	A firm-textured roll, with a brownish glazed surface, made of dough, first poached and then baked.
crisps	A sweet, baked, bread-like food, usually containing flour, sugar, baking powder or soda, eggs, and liquid flavouring.
peanuts	A type of snack made from thinly-sliced potatoes.
bagel	A type of nuts that grow under the ground.
doughnuts	A sweet cake, shaped like a ring and often deep-fried. Can have different fillings.

Now complete the following sentences with snack names from above.

请用上面的零食名称来完成下面的句子。

- In pubs people often order a packet of bacon-flavoured \_\_\_\_\_ to snack on while having a drink with their mates.
- When it comes to celebrating someone's birthday, there's often a birthday \_\_\_\_\_ with candles.
- Smoked salmon and cream cheese are two popular fillings for \_\_\_\_\_.
- Lots of people like jam \_\_\_\_\_ as an afternoon snack to boost their energy.

#### 4. Wordsearch 单词搜索

Try to find the words associated with Must-have Toys in the puzzle below.

There are ten words to find. Words can be written horizontally (g), vertically (i) or diagonally (m)

请在下面的字谜游戏中，找出与本篇文章有关的英语单词来。

共有10个单词，其组成方式可能以水平的 (g) 垂直的 (i) 或对角的 (m) 形式出现。

r	e	m	n	a	n	t	s	f	d	w	w
y	c	u	h	i	e	t	a	s	a	l	s
c	h	o	k	e	n	e	n	n	l	e	s
p	d	i	s	p	e	r	s	a	l	o	y
c	u	n	z	u	n	d	i	c	e	n	e
m	n	j	n	n	l	e	n	r	r	i	c
c	k	u	m	v	e	n	x	u	g	u	q
w	c	r	u	m	b	s	v	n	i	n	w
b	f	i	n	e	x	g	q	c	e	i	x
m	e	e	n	e	j	a	c	h	s	o	t
d	c	s	p	l	a	s	h	y	e	c	m
b	i	c	c	y	i	h	e	u	n	q	c

dunk crumbs splash choke biccy  
allergies remnants injuries dispersal  
crunchy

## Answers 答案

### 1. Reading Quiz 阅读测验

1. Biscuits are not dangerous at all, according to the article. **False**
2. People rarely put their biscuits in their tea or coffee. **False**
3. Scalding by hot drinks is one of the most common biscuit-related injuries. **True**
4. Custard cream and Jaffa cakes are different types of biscuits. **True**
5. One in twenty people have broken a tooth or filling biting a biscuit. **False**

### 3. Other Snacks 其它零食

**Cake** - A sweet, baked, bread-like food, usually containing flour, sugar, baking powder or soda, eggs, and liquid flavouring.

**Muffin** - An individual, cup-shaped, quick bread made with flour which can have different toppings.

**Crisps** - A type of snack made from thinly-sliced potatoes.

**Peanuts** - A type of nuts that grow under the ground.

**Bagel** - A firm-textured roll, with a brownish glazed surface, made of dough, first poached and then baked.

**Doughnuts** - A sweet cake, shaped like a ring and often deep-fried. Can have different fillings.

请用上面的零食名称来完成下面的句子。

- a) In pubs people often order a packet of bacon-flavoured **crisps** to snack on while having a drink with their mates.
- b) When it comes to celebrating someone's birthday, there's often a birthday **cake** with candles.
- c) Smoked salmon and cream cheese are two popular fillings for **bagels**.
- d) Lots of people like jam **doughnuts** as an afternoon snack to boost their energy.

### 2. Food Adjectives 食品形容词

1. sweet
2. sour
3. crunchy
4. bitter
5. spicy
6. chewy
7. rich
8. cold
9. slippery

### 4. Wordsearch 单词搜索

r	e	m	n	a	n	t	s				
									a		
c	h	o	k	e					l		
	d	i	s	p	e	r	s	a	l		
	u	n						c	e		
	n	j						r	r		
	k	u						u	g		
	c	r	u	m	b	s		n	i		
		i						c	e		
		e						h	s		
		s	p	l	a	s	h	y			
b	i	c	c	y							