



# BBC WORLD SERVICE LEARNING ENGLISH

Hay Fever 花粉过敏症

## Hay Fever 花粉过敏症

### A Fifth of Brits are Sufferers 大约五分之一的英国人患花粉过敏症

Read the text below and do the activity that follows.

阅读下面的短文，然后完成练习：

The UK has been enjoying some lovely summer weather recently. Brits have been making the most of the sunny spell by flocking to the beach and having barbeques in their gardens.

But there is often an unwelcome accompaniment to the sounds of sizzling sausages on the barbeque and buzzing bees in the flowers. The clamour of sneezing and people blowing their noses makes an unpleasant soundtrack to Britain's best summer weather. What is going on?

It is hay fever, an allergic reaction to pollen from trees, grass and other plants. When the pollens come into contact with the tissue inside the nose, they start an immune reaction that causes sneezing, itching and a runny nose.

Between 15 and 20% of people in the UK are thought to be affected by hay fever, with the numbers being even higher among teenagers.

Allergy specialist Professor Stephen Durham has calculated that the number of sufferers has doubled over the last twenty years. What is causing the rise?

"There's some evidence that pollution exacerbates it," he says. "And you've also got the hygiene hypothesis - that our bodies aren't as strong because we aren't exposed to infections when we are small children that our systems rebel against."

There is interesting evidence from Austria to suggest that hay fever is related to living in an increasingly sanitised environment.

Researchers there found that young children in regular contact with farm animals are less likely to develop allergies later on. Children living on farms were found to be three times less sensitive to hay fever and nearly four times less likely to suffer from asthma than those living in a non-rural environment.

Perhaps the worst news for hay fever sufferers is that their ailment can never be cured completely. So perhaps it's time we got used to a... a.... a....  
*achoo!*

## Glossary 词汇表

<b>sunny spell</b> – 持续有阳光的天气	<b>flocking</b> – 成群结队
<b>accompaniment</b> – 伴随物	<b>sizzling</b> – 滋滋响的
<b>buzzing</b> – 嗡嗡响的	<b>clamour</b> – 喧闹
<b>blow one's nose</b> – 擤鼻子	<b>allergic</b> – 过敏的
<b>pollen</b> – 花粉	<b>tissue</b> – (人、动植物的) 组织
<b>immune reaction</b> – 免疫反应	<b>itching</b> – 瘙痒的
<b>runny nose</b> – 流鼻涕	<b>exacerbate</b> – 加重、恶化
<b>hypothesis</b> – 假设	<b>be exposed to infections</b> – 与感染接触
<b>sanitised</b> – 清洁的	<b>asthma</b> – 哮喘
<b>non-rural</b> – 非农村的	<b>ailment</b> – 小疾病

### 1. Reading Quiz 阅读测验

Are these sentences true or false? Circle the correct answer.

以下句子哪句是真?哪句是假? 请圈出正确答案。

1. In the summer a lot of British people like eating outside. True / False
2. Hay fever sufferers cough a lot. True / False
3. The number of hay fever sufferers has doubled over the last ten years. True / False
4. Children living on farms are less sensitive to hay fever. True / False
5. Hay fever can be cured completely. True / False

## 2. Onomatopoeia 象声词

### a) Match the English to its Chinese definition.

请把以下英语象声词和其对应的汉语连线（试着根据英语读音猜汉语意思）。

- |            |                |
|------------|----------------|
| 1. buzz    | a. 打嗝声         |
| 2. beep    | b. 呼呼的吸气声      |
| 3. whoosh  | c. 咯咯的笑声       |
| 4. sniff   | d. 鸟的啁啾声或虫鸣声   |
| 5. burp    | e. (树叶或纸的) 沙沙声 |
| 6. crunch  | f. 烧烤的滋滋声      |
| 7. rustle  | g. 哗哗的信号声      |
| 8. chirp   | h. 嘎吱嘎吱声       |
| 9. sizzle  | i. 嗡嗡响声        |
| 10. giggle | j. 嗖的一声        |

### b) Now complete the sentences below with the appropriate onomatopoeia. Please note that onomatopoeia in English can also take verb forms.

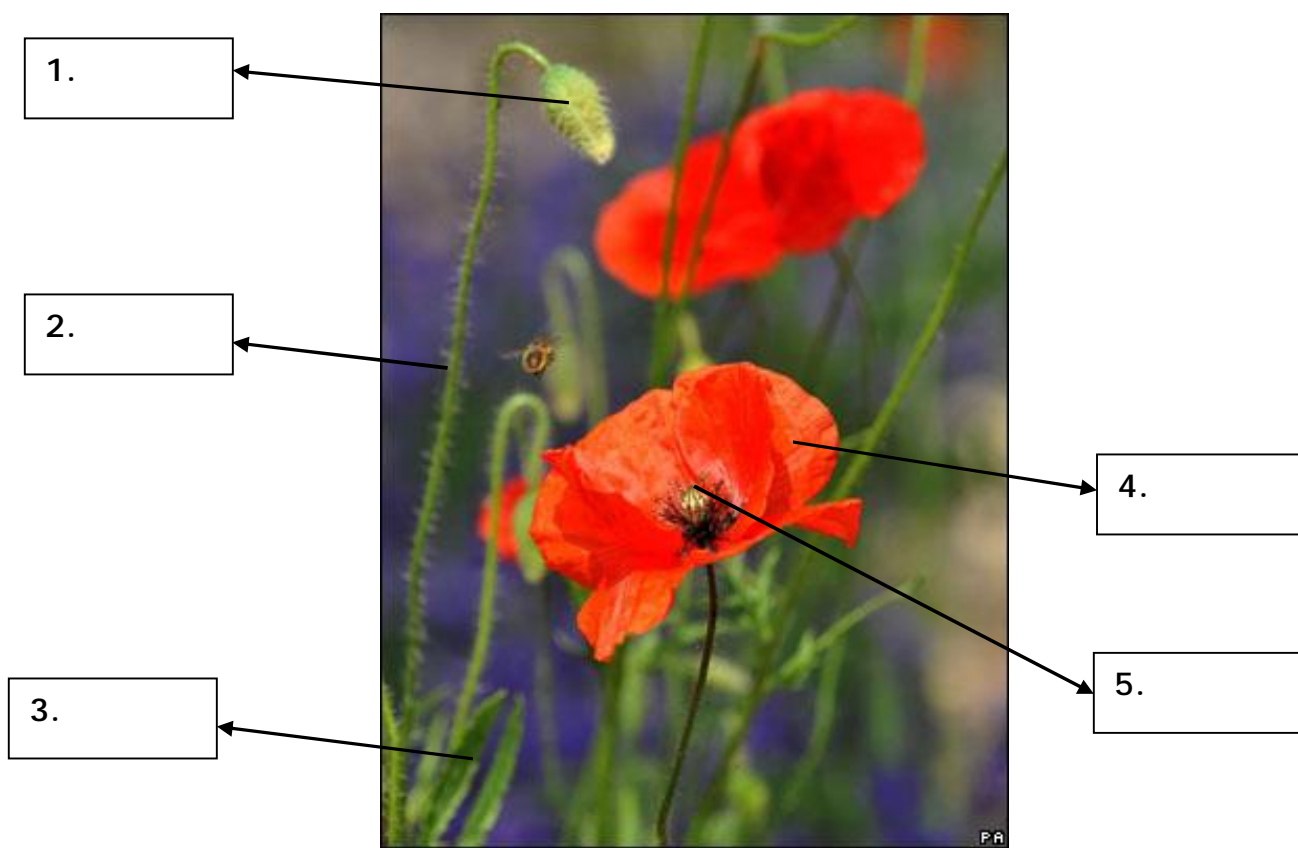
请用以上象声词来完成下面的句子。请注意英语中的象声词同时也可以用作动词。

1. That dog had a quick \_\_\_\_\_ at my bag and went away.
2. Many bees are \_\_\_\_\_ over the blossom in my garden.
3. The snow \_\_\_\_\_ under our heels as we walked up the path.
4. The tree leaves are \_\_\_\_\_ with the summer breeze.

5. The little chick \_\_\_\_\_ weakly when I found it under the tree.
6. With a \_\_\_\_\_ the arrow went directly to the centre of the target.
7. Several girls are \_\_\_\_\_ in the yard.
8. Please leave a voice message after the \_\_\_\_\_.
9. He made a loud \_\_\_\_\_ during the meal. Everyone was shocked.
10. The meat started \_\_\_\_\_ on the barbeque rack. It smelled great.

### 3. Plant Vocabulary 植物词汇

To fill in the blank squares with the words given below 选择合适的词与图片搭配



petal	bud	stem	leaf	pollen
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#### 4. Wordsearch 单词搜索

Try to find the words associated with hay fever below.

There are ten words to find. Words can be written horizontally (g), vertically (i) or diagonally (m)

请在下面的字谜游戏中，找出与花粉过敏症有关的英语单词来。

共有10个单词，其组成方式可能以水平的 (g) 垂直的 (i) 或对角的 (m) 形式出现。

p	o	l	l	e	n	i	e	s	i	u	r
l	u	h	i	q	f	u	i	h	m	e	k
k	f	x	n	a	r	z	b	o	m	h	w
c	u	y	f	c	l	u	e	t	u	e	o
h	v	w	e	a	i	l	m	e	n	t	f
i	s	t	c	t	h	m	e	r	e	n	n
p	n	e	t	w	r	k	t	r	o	b	x
y	e	e	i	t	c	h	i	n	g	w	l
w	e	l	o	j	u	s	k	r	t	i	i
m	z	l	n	b	n	d	b	e	h	o	c
s	e	b	f	g	r	l	y	r	w	d	e
i	g	h	r	e	a	c	t	i	o	n	y

ailment	allergic	pollen	sneeze
immune	reaction	itching	infection

# Answers 答案

## 1. Reading Quiz 阅读测验

1. Recently a lot of British people like eating outside.  
True
2. Hay fever sufferers cough a lot.  
False
3. The number of hay fever sufferers has doubled over the last ten years.  
False
4. Children living on farms are less sensitive to hay fever.  
True
5. Hay fever can be cured completely.  
False

## 3. Plant Vocabulary 植物词汇

1. bud
2. stem
3. leaf
4. petal
5. pollen

## 2. Onomatopoeia 象声词

### a)

- |      |       |
|------|-------|
| 1. i | 6. h  |
| 2. g | 7. e  |
| 3. j | 8. d  |
| 4. b | 9. f  |
| 5. a | 10. c |

### b)

1. That dog had a quick sniff at my bag and went away.
2. Many bees are buzzing over the blossom in my garden.
3. The snow crunched under our heels as we walked up the path.
4. The tree leaves are rustling with the summer breeze.
5. The little chick chirped weakly when I found it under the tree.
6. With a whoosh the arrow went directly to the centre of the target.
7. Several girls are giggling in the yard.
8. Please leave a voice message after the beep.
9. He made a loud burp during the meal. Everyone was shocked.
10. The meat started sizzling on the barbeque rack. It smelled great.

## 4. Wordsearch 单词搜索

p	o	l	l	e	n				i		
			i						m		
			n	a					m		
			f		l				u		
			e	a	i	l	m	e	n	t	
	s		c				e		e		
	n		t					r			
	e		i	t	c	h	i	n	g		
	e		o							i	
	z		n								c
	e										
			r	e	a	c	t	i	o	n	