



BBC WORLD SERVICE LEARNING ENGLISH

Heatwave 热浪



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Heatwave or Glorious Sunshine? 热浪还是灿烂阳光?

Read the text below and do the activity that follows.

阅读下面的短文，然后完成练习：

As Beijing boils in a record heatwave and Melbourne records its hottest night since 1902 London has also sweltered through a baking weekend, with temperatures reaching 32°C.

For a nation craving sunny skies this was a godsend. A lot of young Brits took advantage of the glorious sunshine by having a barbeque with friends while watching the World Cup final.

However, there is some bad news too. Health agencies confirmed there has been a significant rise in the number of fatalities in the UK since the start of the latest hot spell two weeks ago.

A warning was issued by the Health Protection Agency ahead of the latest heatwave, alerting people to the potential health risks.

Clearly, the elderly, and people with certain medical conditions such as respiratory and cardiovascular diseases, are the most vulnerable.

Persistent hot weather can also cause rashes, fluid retention, dizziness and even fainting.

Heatstroke is the most dangerous condition, where the body can no longer control its temperature and people become confused, disorientated, have fits and fall unconscious.

So what can you do to limit the risks?

Top tips for keeping cool include wearing loose cotton clothes and spraying or splashing your face and the back of your neck with cold water several times a day.

Drink plenty of water so you don't get dehydrated.

It's also a good idea to keep your windows shut if your room is cooler than it is outside.

According to a Department of Health report, climate change means that heatwaves are likely to become more frequent in England.

The worst British heatwave in recent years happened in August 2003 when record-breaking temperatures led to 2,000 excess deaths.

Glossary 词汇表

boils 沸腾	swelter (令人) 汗流浹背
craving 渴望	godsend 天赐良机
take advantage of 充分利用	fatality 死亡
hot spell 连热天气	alerting 警告
respiratory 呼吸系统的	cardiovascular 心血管疾病的
vulnerable 脆弱的	rashes 皮疹
fluid retention 水肿	dizziness 眩晕
heatstroke 中暑	disorientated (因生理节奏失调) 感到昏昏沉沉
spraying 喷	splashing 洒(水)
dehydrated 缺水	excess deaths 非正常死亡

1. Reading Quiz 阅读测验

Are these sentences true or false? Circle the correct answer.

以下句子哪句是真?哪句是假?请圈出正确答案。

1. London has had its share of the recent global heatwave. True / False
2. Most British people stayed indoors to avoid the sunny weather for fear of skin cancer. True / False
3. It is likely that there will be more heatwaves in England in the future. True / False
4. The heatwave warning encouraged people to drink lots of water to avoid dehydration. True / False
5. The worst heatwave in recent years happened in August 2008. True / False

2. Expressions relating to heat 同“热”相关的词语

Look at the expressions below. They are all different ways of saying it's hot to a different degree. Put the correct expression in the correct column on the table – does the expression mean 'very hot' or 'a bit hot'?

英语中对天气热这个概念依其程度有不同的表达。请你把表示强热的词语和表示温和的短语分两类填入表里。

Very Hot	A Bit Hot

It's boiling.

It's scorching.

It's absolutely roasting.

It's a mild day.

It's pleasantly warm.

Now rearrange these sentences using the heat expressions so they make sense.

现在请你把下列语序打乱的句子重新组合成正确的句子。

1. here It's boiling in I must get an electric fan.
2. continues If it to be conditioner air roasting like this we must get the fixed soon.
3. It will be scorching sun cream so we should take and on the beach lots of water.
4. walk for a go Let's it's as pleasant and warm.
5. When always it's a play mild day like this I kids take the out to.

3. Prepositions 介词

The use of prepositions is quite challenging. See what your score is for this exercise. Choose from the box below to fill in the sentences. You can use any of these prepositions more than once.

介词的用法和能不易，看看这个练习你能得多少分。用下表中的介词完成句子，任何一个都可以重复使用。

in, with, for, by, through, during, to, at

1. Melbourne has seen the hottest night ___ 108 years.
2. London and much of the Southeast sweltered ___ a baking weekend ___ temperatures reaching 32C.
3. There has been a big rise ___ the number of excess deaths since the start of the hot spell two weeks ago ___ the UK.
4. A warning was issued ___ the Health Protection Agency.
5. The HPA alerted people ___ the potential health risks.
6. The temperature hit 31°C today ___ Heathrow.
7. You can find lots of tips ___ improving your English at bbcukchina.com.
8. My phone is always switched on ___ the day but ___ night it's off.

4. Wordsearch 单词搜索

Try to find the words associated with hot weather below.

There are ten words to find. Words can be written horizontally (水平的), vertically (垂直的) or diagonally (对角的)

请在下面的字谜游戏中，找出与热天气有关的英语单词来。

共有10个单词，其组成方式可能以水平，垂直的或对角的形式出现。

a	b	j	j	k	g	m	h	i	h	f	b
j	s	w	e	l	t	e	r	k	j	n	s
d	h	o	j	j	j	j	j	g	y	r	p
g	l	o	r	i	o	u	s	u	t	r	r
o	y	f	c	a	o	o	p	b	y	l	a
d	a	y	o	i	y	o	l	p	l	p	y
s	j	k	o	n	f	i	a	s	n	o	i
e	x	c	e	s	s	o	s	b	o	o	n
n	r	r	i	s	k	c	h	g	j	i	g
d	n	a	n	n	n	t	i	i	o	d	i
u	o	v	h	o	p	g	n	f	i	p	c
a	l	e	r	t	i	o	g	p	p	p	p

day	swelter	glorious	crave	risk
	godsend	alert		
spraying	excess	splashing		

Answers 答案

1. Reading Quiz 阅读测验

- London has had its share of the recent global heatwave. **True**
- Most British people stayed indoors to avoid the sunny weather for fear of skin cancer. **False**
- It is likely that there will be more heatwaves in England in the future. **True**
- The heatwave warning encouraged people to drink lots of water to avoid dehydration. **True**
- The worst heatwave in recent years happened in August 2008. **False**

3. Prepositions 介词

- Melbourne has seen the hottest night **in** 108 years.
- London and much of the Southeast sweltered **through** a baking weekend **with** temperatures reaching 32C.
- There has been a big rise **in** the number of excess deaths since the start of the hot spell two weeks ago **in** the UK.
- A warning was issued **by** the Health Protection Agency.
- The HPA alerted people **to** the potential health risks.
- The temperature hit 31°C today **at** Heathrow.
- You can find lots of tips **for** improving your English at bbcukchina.com.
- My phone is always switched on **during** the day but **at** night it's off.

2. Expressions relating to heat 同“热”相关的词语

a)

Very Hot

It's boiling.
It's absolutely roasting.
It's scorching.

A Bit Hot

It's pleasantly warm.
It's a mild day.

b)

- It's boiling in here I must get an electric fan.
- If it continues to be roasting like this we must get the air conditioner fixed soon.
- It will be scorching on the beach so we should take sun cream and lots of water.
- Let's go for a walk as it's pleasant and warm.
- When it's a mild day like this I always take the kids out to play.

4. Wordsearch 单词搜索

	s	w	e	l	t	e	r						
												s	
g	l	o	r	i	o	u	s					p	
o							p					r	
d	a	y					l					a	
s							a					y	
e	x	c	e	s	s		s					i	
n		r	i	s	k		h					n	
d		a					i					g	
		v					n						
a	l	e	r	t			g						